

Three Centres of Excellence combine to present - *The Science of Chocolate*



Is chocolate good or bad for us? Scientists from the Australian Research Council Centres of Excellence for Coherent X-Ray Science (CXS), Free Radical Chemistry and Biotechnology (FRCB), and Mathematics and Statistics of Complex Systems (Australian Mathematical Sciences Institute, AMSI) revealed the answer to this enduring question to residents at the Melbourne Rylands Retirement Villages during National Science Week 2008.

"We want to give people the message that eating moderate amounts of dark chocolate, which contains antioxidants, will benefit your health through fighting free radical damage. So no-one should feel guilty about occasionally indulging in chocolate", said Dr Michelle Taylor, ARC Centre of Excellence for Free Radical Chemistry and Biotechnology.

National Science Week

Written by Administrator

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